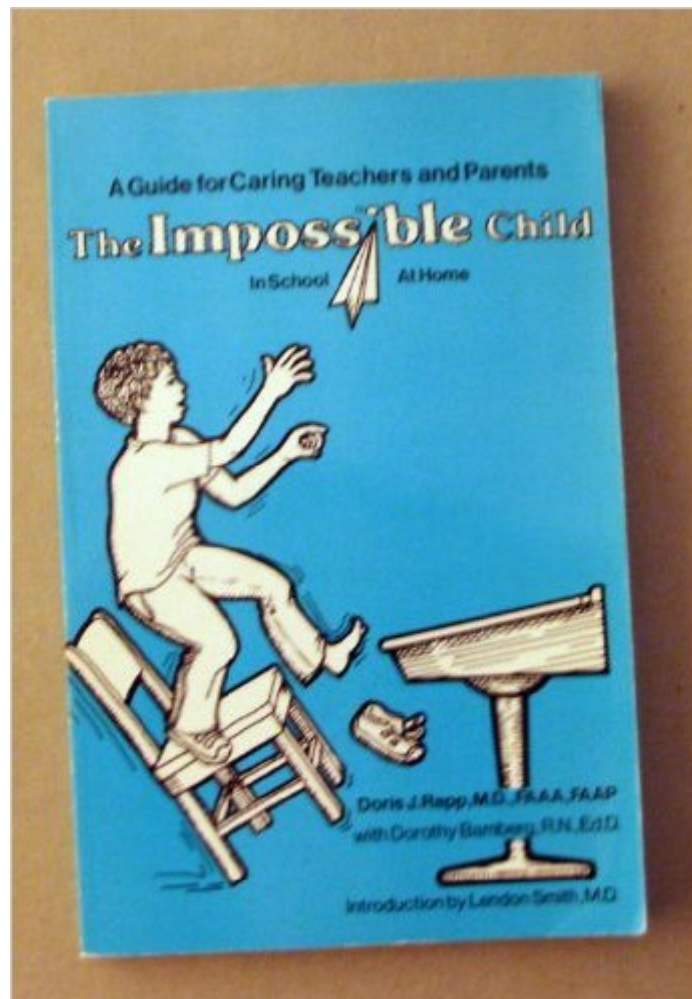


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# The Impossible Child In School--At Home: A Guide For Caring Teachers And Parents



## Synopsis

This book will enable you to recognize which children have allergies, or food or chemical sensitivities interfering with their ability to learn and behave normally. Practical sensible ways to help children with these problems are discussed. With this information you may be able to alter the course of some child's life in a more positive direction - today! --This text refers to an out of print or unavailable edition of this title.

## Book Information

Paperback: 141 pages

Publisher: Practical Allergy Research Foundation; English Language edition (1986)

Language: English

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Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (10 customer reviews)

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## Customer Reviews

This guidebook is an essential reference for teachers, parents, and anyone who deals with kids on a regular basis. The prevalence of ADD diagnoses should lead us all to question what the bigger picture is. Allergy problems are one of the most important consequences of our modern world. This guidebook is designed to help laypeople spot allergies in kids, especially the kids who act up. It's a shame to drug kids with Ritalin when dietary or environmental changes can give better results without turning children into zombies. To ignore the accomplishments of Environmental Medicine would be foolish. There is a lot of detail packed into this small book to help parents and teachers understand food, environmental, and chemical allergies, and to spot them on their own. Helpful advice is provided for different diets that can reveal a lot about a troubled child's behavior.

Diagnostic diets (elimination diets) are detailed as well as rotation diets to minimize food reactions. Descriptions of children's allergic responses are detailed and accurate, making it easier for you to know how to spot allergies in kids. Though this low-budget publication is written by a doctor and not a writer, it is not overly technical in style. The writing is to-the-point, a how-to manual for your potentially allergic kid, full of suggestions, case studies, and references. Dr. Rapp is an expert in the

field of pediatric environmental medicine in the tradition of Theron Randolph MD, and her experience is apparent. Though I know there are better treatments than extracts for allergies (her recommendation, in addition to dietary and/or environmental changes), it is still a vast improvement over drugs and allergy shots.

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